

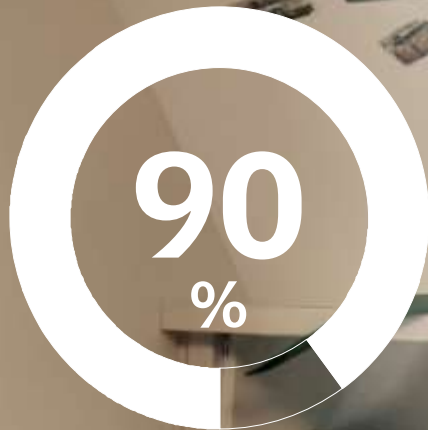
VILNIUS / RIGA  
DECEMBER 3/4, 2018

# HEALTHY INDOOR CLIMATE, DAYLIGHT AND THE EUROPEAN HEALTHY HOMES BAROMETER

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# HOW TO CREATE HOMES FOR THE INDOOR GENERATION ?



of our time is spent indoors; our homes (2/3 of this time), at workplaces, schools, and other public spaces.

WHO Europe (2014)

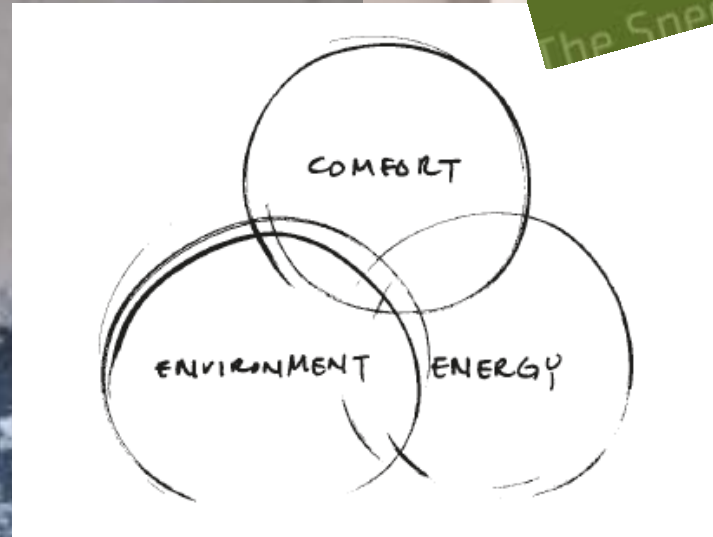




PĒC 160 SEKUNDĒM JŪS NOLEMSIET, KĀ ŠIS STĀSTS BEIDZAS

# COMFORT, ENERGY AND ENVIRONMENT

Our definition of a healthy home relies on knowledge, inherited from the Active House concept



The vision of Active House is to create buildings that offer better comfort and healthier indoor conditions without impacting negatively on the climate.

# Sleep, Work, Live

## - Healthy Living Around the Clock



In 2004, CIE promulgate five "principles of healthy lighting" (CIE, 2004/2009), and the same report also suggested that these principles should lead to a renewed emphasis on architectural daylighting

**@ HOME**

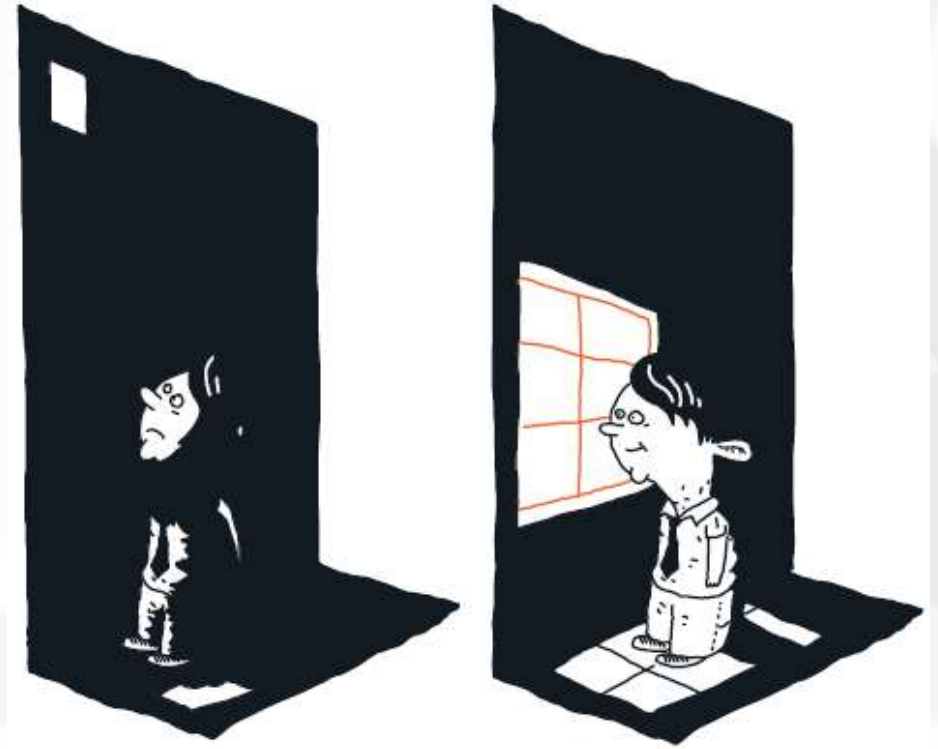


# DAYLIGHTING AT HOME

Natural light is the **single most important attribute in a home**, with over 60% of respondents ranking it as important<sup>1</sup>

WHO's report that residents with inadequate natural light in their homes have greater risk for depression and falls<sup>2</sup>

Higher daytime light exposures result in more positive mood, less pain and smoother social interactions<sup>3</sup>.



<sup>1</sup>The Way We Live Now, RIBA and Ipsos MORI, 2012

<sup>2</sup>Brown, M. J., & Jacobs, D. E. (2011). Residential light and risk for depression and falls: Results from the LARES study of eight European cities. Public Health Reports, 126(Supplement 1), 131-140.

<sup>3</sup> Veitch, J. A. & Galasiu, A.D. The Physiological and Psychological Effects of Windows, Daylight and View at Home: Review and Research Agenda, 2012

# HEALTHY HOMES BAROMETER



2015 2016 2017 2018

1<sup>st</sup> & 2<sup>nd</sup> Healthy Homes Barometer (2015/16) was a questionnaire-based survey and 12-14.000 Europeans replied. It ensure statistical representation, and represent more than 430 million Europeans.

3<sup>rd</sup> & 4<sup>th</sup> Healthy Homes Barometer (2017/18) use Eurostat SILC database (Survey on Income and Living Conditions) to show the correlation between the health of an inhabitant and the building's state. It is based on 250.000 adults (+16) and 100.000 households across all EU Member States.



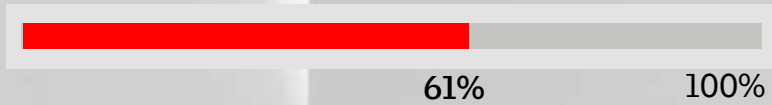


# REAL LIFE STATUS

VELUX®

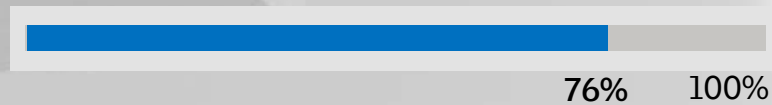
## What we want

- ▶ 61% of all Europeans rank daylight and fresh air as the most or second most important in relation to their health.

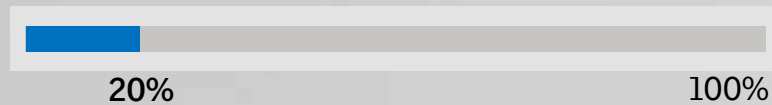


## How it is

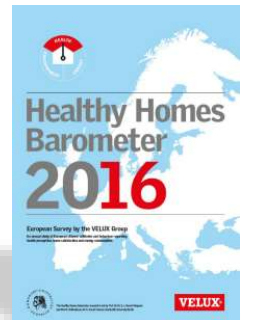
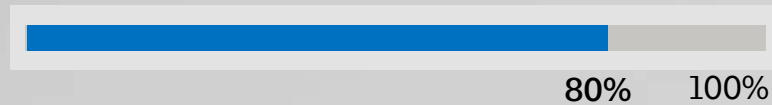
- ▶ 76% of the Europeans report that they need to turn on the light during the day when it is daylight outside.



- ▶ 20% of the Europeans say that they are too dependent on artificial light during the day.



- ▶ ... but 80% of all Europeans express above average satisfaction with the amount of daylight in their current home.



# REAL LIFE STATUS

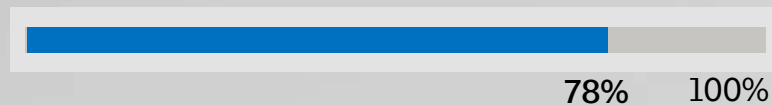
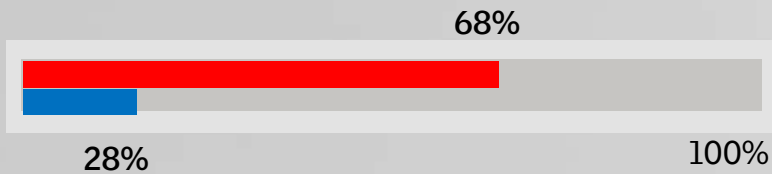
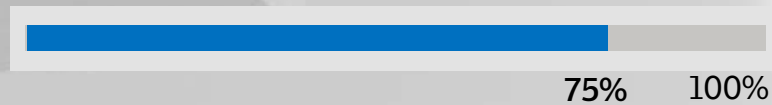
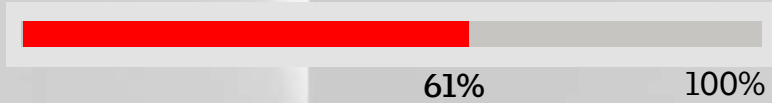


## What we want

- ▶ 61% of all Europeans rank daylight and fresh air as the most or second most important in relation to their health.
- ▶ People living in households suffering from asthma or allergies are only marginally more concerned about living in a building with unhealthy indoor air quality.

## How it is

- ▶ About 75% of the Europeans report that opening the windows is part of their daily routine and to let out unhealthy air.
- ▶ Only 28 % air out more than once a day in the winter, but 68% air out more than once a day in the summer
- ▶ ... 78% Europeans are very satisfied or satisfied with the air quality in their current home.



# REAL LIFE STATUS

VELUX®

- HHB 15 found that sleeping well at night is rated highest.
- HHB 16 showed that the Europeans whose home allows for a good night's sleep are 50% more likely to feel they have good health
- A total of 77% of Europeans do not have optimal sleeping conditions in their home (e.g. darkness, 'cool' bedroom, good IAQ)
- One out three (36%) report the quality of their sleep within the last four weeks as either very bad or fairly bad

Pittsburgh Sleep Quality Index (PSQI)



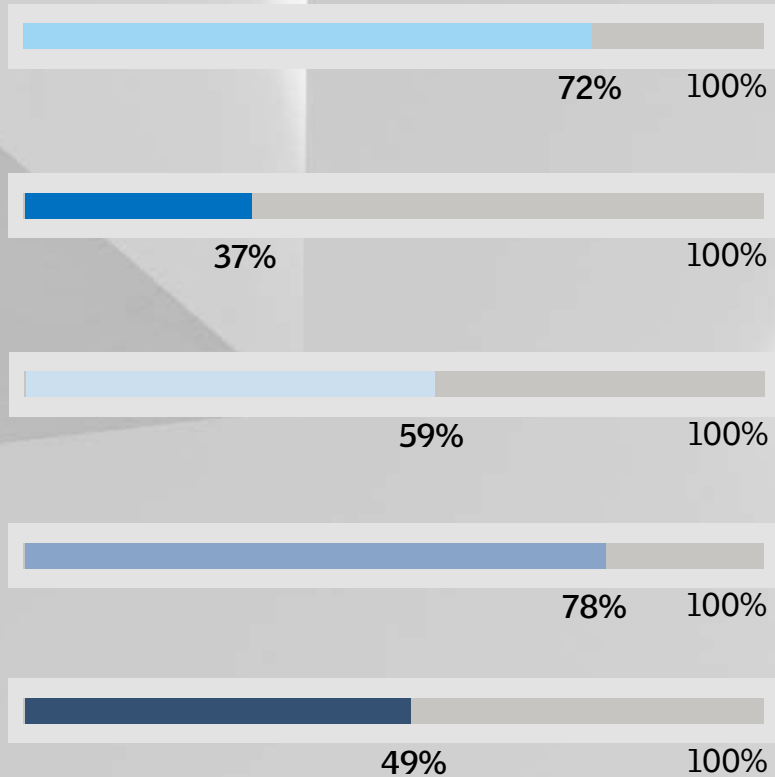
Sleep well at night



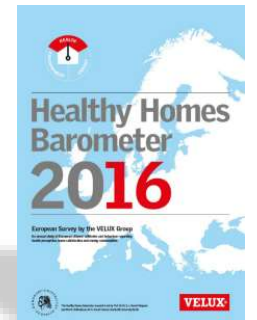
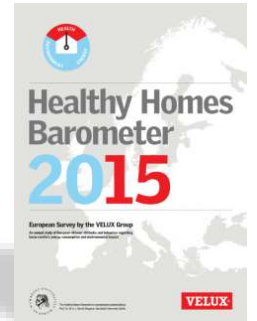
# HOW TO CREATE A 'HEALTHY' HOME



## Five steps to a healthy home



- ▶ Ensure good sleeping conditions; 72% of Europeans do not air out their bedrooms before going to sleep
- ▶ Strive for comfortable indoor temperatures; 37% of Europeans value low energy costs over comfortable indoor temperatures
- ▶ Let in fresh air; 59% of Europeans air out their homes less than the recommended two times a day (WHO Europe, 2009)
- ▶ Let in daylight; 76% of Europeans compensate for insufficient access to daylight by turning on artificial light
- ▶ Avoid humidity; 49% of Europeans do not place priority on avoiding too much humidity





The Healthy Homes Barometer 2017 is the first report to use detailed statistical data from Eurostat SILC (Survey on Income and Living Conditions) to show the correlation between the health of an inhabitant and the building's state.



This year's study continue 2017 to further demonstrates just how important our suburban areas are to achieve a healthier building stock, as well as also offices and buildings where we spend our working days



# THE HEALTHY HOMES BAROMETER 2017



The background is a solid red color with various isometric 3D models of buildings scattered across it. The buildings vary in size and style, including small houses, multi-story apartment blocks, and industrial-style structures. They are rendered in a light, muted red color, creating a subtle pattern against the darker red background.

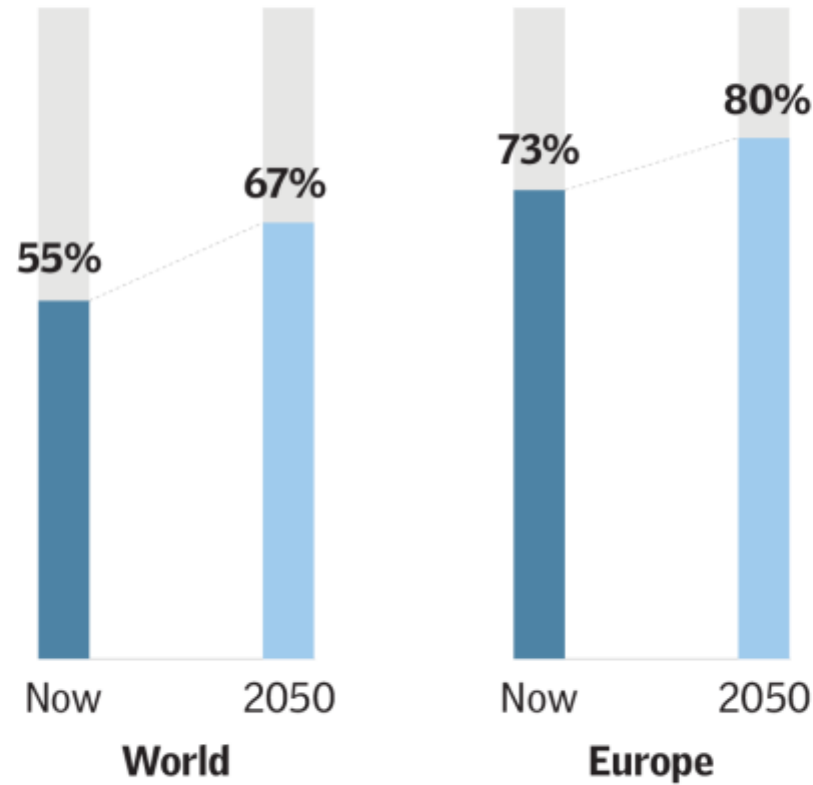
# URBAN AND SUBURBAN LIVING

## Opportunities and quality of life

In Europe, suburban populations grew on average 54% more than urban populations between 1961 and 2011, with people looking to enjoy the relative space and comfort of single-family homes. Yet, when it comes to unhealthy buildings, these suburbs are in danger of being overlooked.

# URBANISATION: A GLOBAL PHENOMENON

Cities around the world continue to grow. In 2016, an estimated 55% of the world's population lived in urban settlements. By 2050, more than two-thirds of the world's population will be living in cities



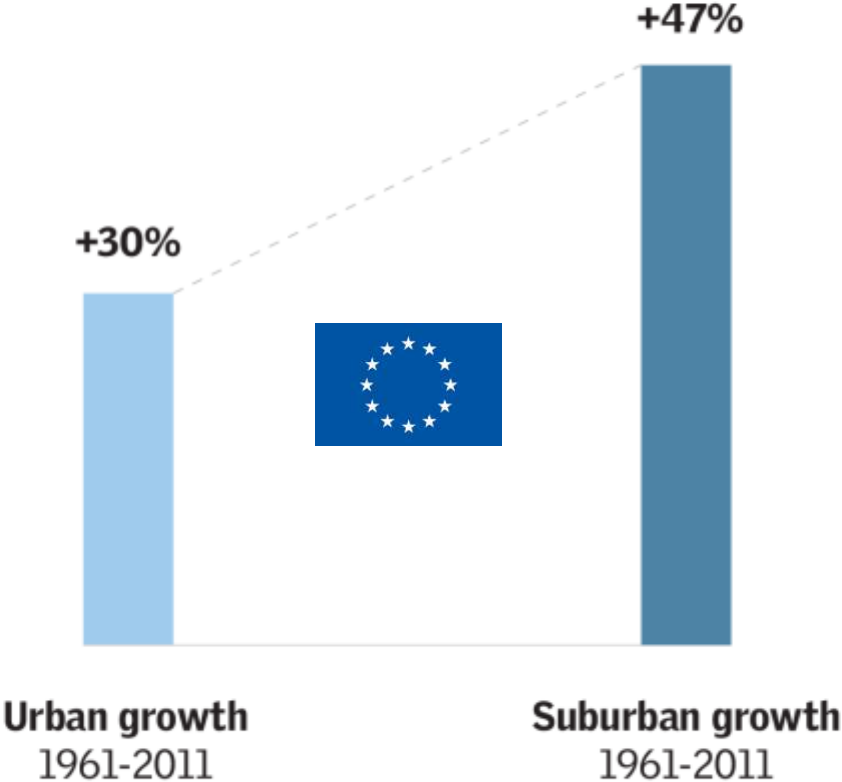


# SUBURBANISATION: A EUROPEAN DREAM

Urbanisation is a well-known phenomenon, but in most of Europe, suburban growth actually outpaced urban growth by 54% between 1961 and 2011



Urban growth – 30%  
Suburban growth – 13%



# PEOPLE ARE MOVING FROM THE CITIES TO THE SUBURBS DUE TO ISSUES AROUND...



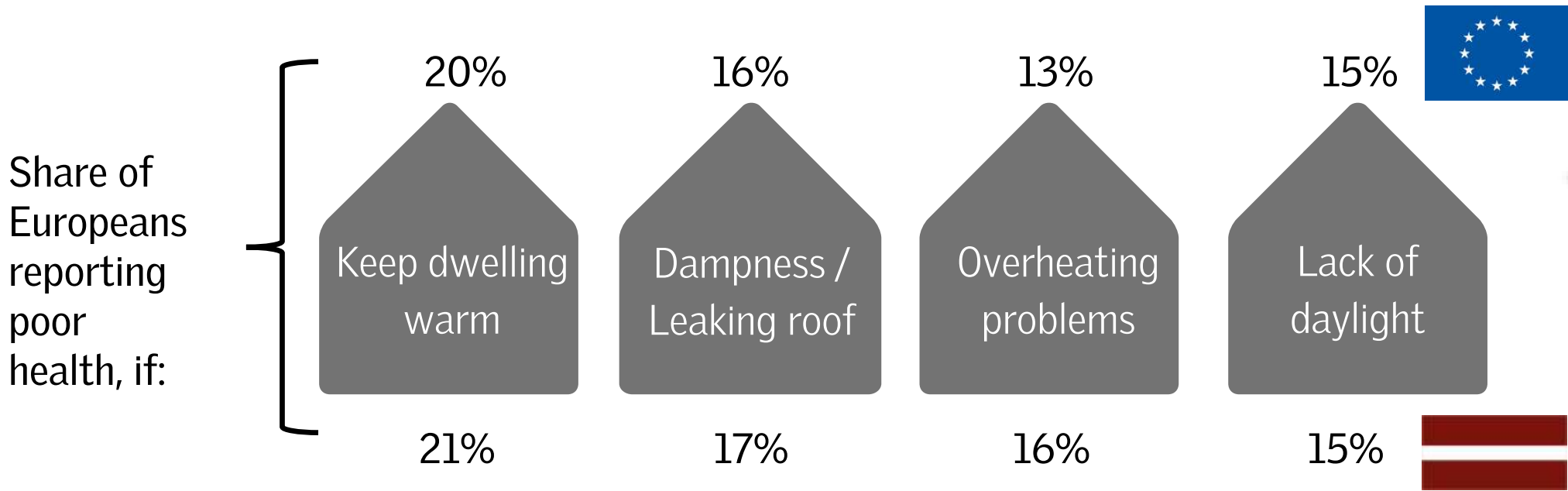
Cost of housing per square metre is on average 42% higher in urban than in suburban areas.

48% more people report having problems related to outdoor pollution in urban areas as compared with suburban areas.

33% more people report shortage of space in urban vs suburban areas, and lack of space is a major cause of dissatisfaction with a person's dwelling.

39% more people report having problems related to noise in urban areas as compared with suburban areas.

# ACCORDING TO EU SILC DATA, THE DESCRIPTION OF UNHEALTHY BUILDINGS IS BASED ON



Residence in Europe who reports living in unhealthy buildings, i.e. buildings that have damp (leaking roof or damp floor, walls or foundation), lack of daylight, 'inadequate' heating during the winter or overheating problems, report poor health

# SINGLE-FAMILY HOMES ARE KEY TO ADDRESSING HEALTH

In all cases, single-family homes (SFHs) with deficiencies are more likely to have a negative impact on health than multi-family homes (MFHs).



Dampness



Darkness

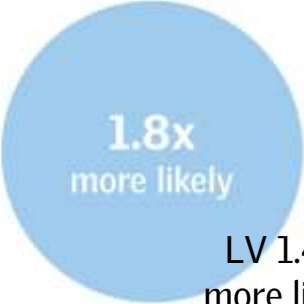


Overheating



Cold

Single family homes



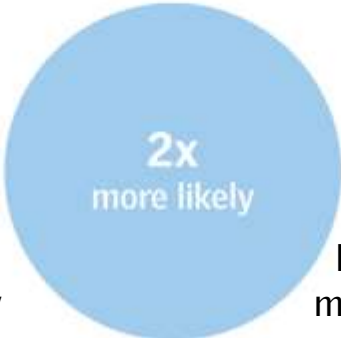
LV 1.4x more likely



LV 1.2x more likely



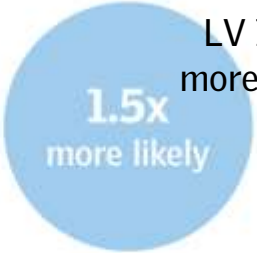
LV 1.4x more likely



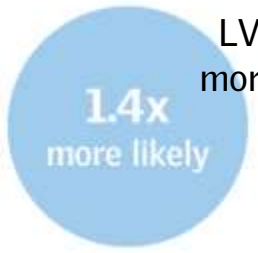
LV 1.9x more likely



Multi family homes



LV 1.1x more likely



LV 0.9x more likely



LV 0.9x more likely



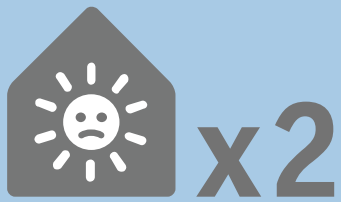
LV 1.2x more likely

# COLD HOMES ARE THE MOST DAMAGING

The most damaging deficiency from a health perspective is having a home that is too cold in winter, which, if you live in a single-family home, means you are twice as likely to report poor health.



Twice as many Europeans report poor health



Twice as many Europeans report lack of daylight



Almost three times as many Europeans report dampness



Should we focus on the existing building stock which are unhealthy and start making healthy buildings ?

**1/6**

Europeans live in unhealthy buildings



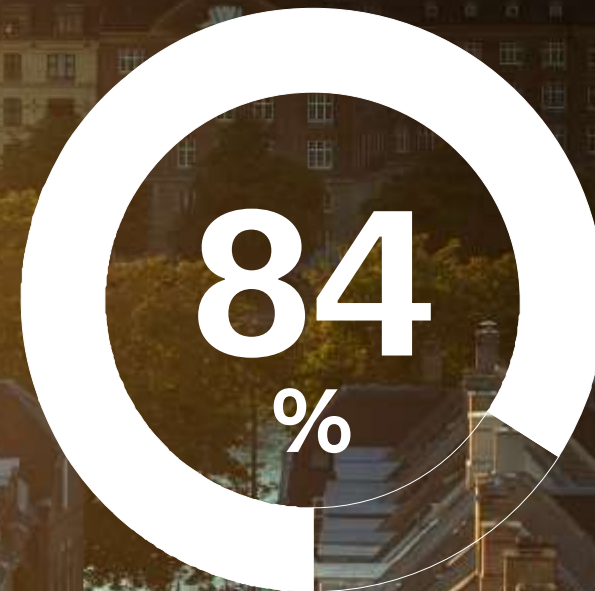
About 1/6 Latvians live in unhealthy buildings

# PRIVATE HOMEOWNERS ARE KEY TO INCREASE RENOVATION RATE



# 110 million

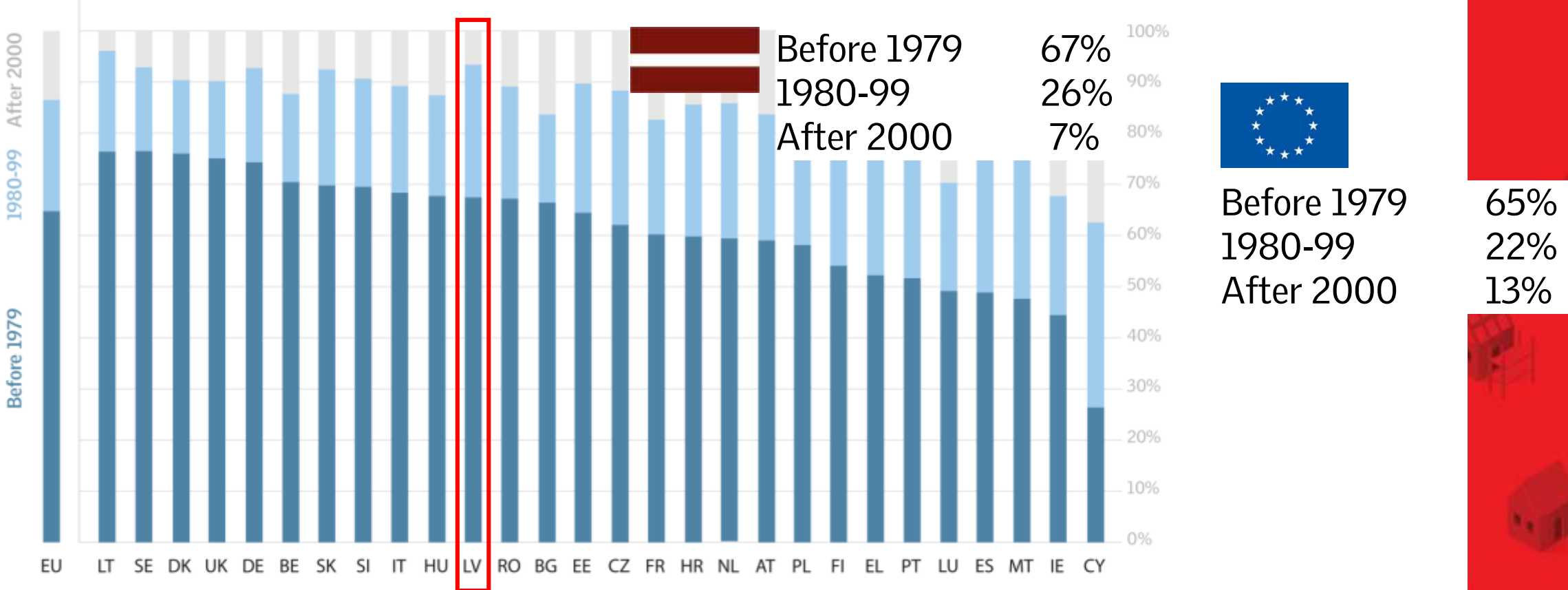
is the number of single-family homes in Europe; 270,000 in Latvia



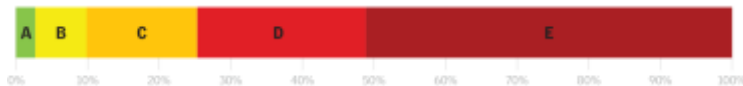
of single-family homes are privately owned; 90% in Latvia

# OLD RESIDENTIAL STOCK

In most EU countries, about two thirds of the residential stock was built before the first European thermal building regulations came into effect (i.e. before 1979). And, only 10% of current buildings have A or B class energy performance certificates



EU Buildings Database: <https://ec.europa.eu/energy/en/eu-buildings-database>





# THE RENOVATION CHALLENGE

## Overcoming barriers

Renovations can be challenging at the best of times. In order to increase the renovation rate we must address the most common barriers faced by homeowners, while shaping effective policies.



**Only 1-2%**  
of the building stock is  
renovated each year



3 out of 4 European buildings are not energy efficient

# BARRIERS TO RENOVATION

If we are to increase the renovation rate, we need to work to address these barriers.

lack of available and understandable information regarding the efficiency and comfort benefits resulting from renovation.



Information failures

in smaller renovations, the costs involved in initiating the project and finding suitable contractors can be disproportionately large.



Split incentives



High transaction costs



Capital market failures

especially in rented accommodation, tenants are unlikely to renovate because their incentive is time-limited; landlords are unlikely to renovate because they do not see themselves as immediate beneficiaries of the investment.

especially in light of the 2008 financial crisis, lenders are less active in facilitating this type of investment, and there is a lack of available information about financing.



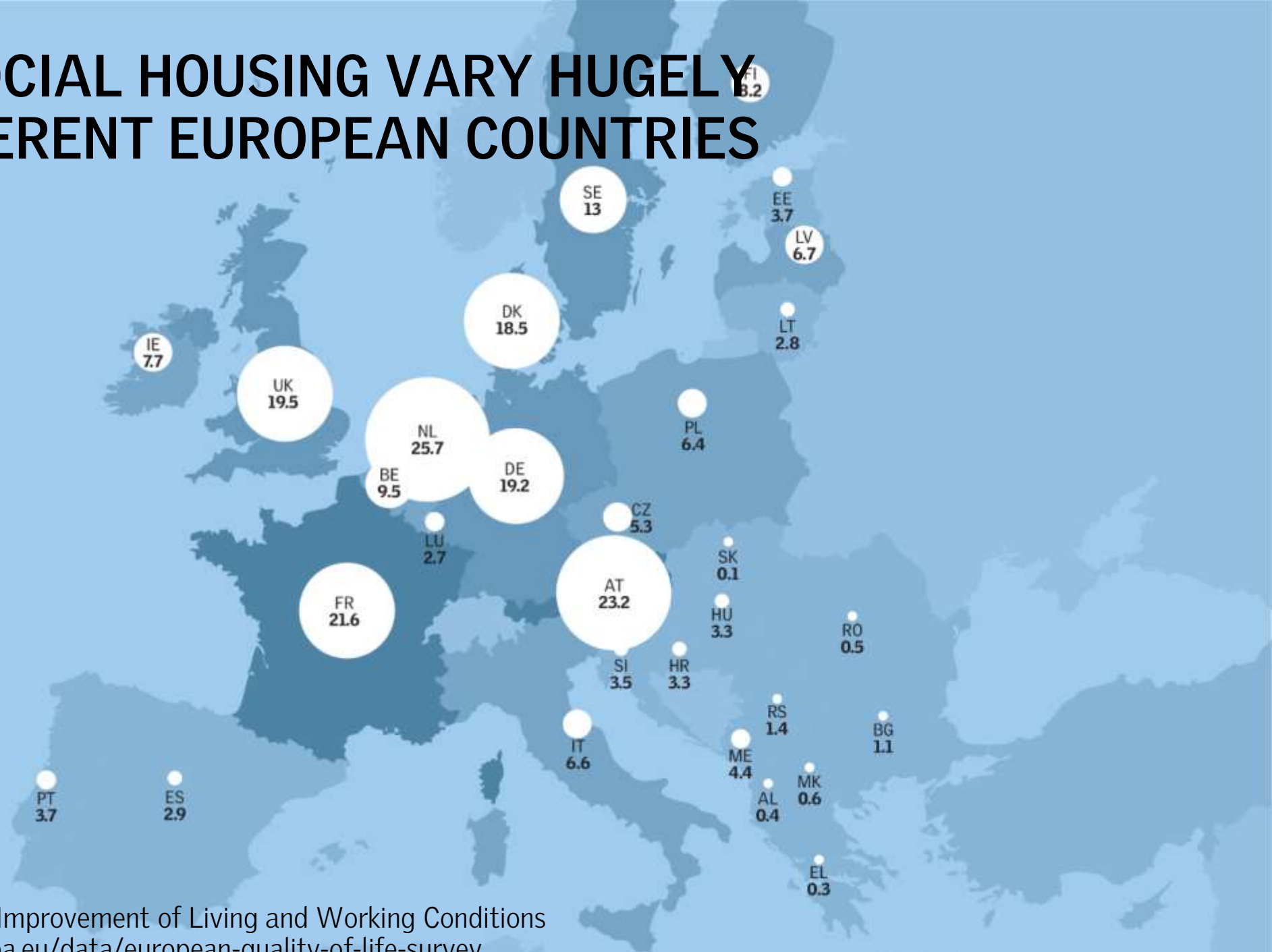
# **SOCIAL AND AFFORDABLE HOUSING**

## Renovating for life

People with lower available income are more likely to be tenants than homeowners, or to live in social or municipal accommodation. Strategies that catalyse renovation in this sector are a win-win, with huge potential benefits for societies and individuals.

# LEVELS OF SOCIAL HOUSING VARY HUGELY ACROSS DIFFERENT EUROPEAN COUNTRIES

% of population living in rented social, municipal, or non-profit housing



# RENOVACTIVE: A CASE STUDY IN BUDGET-FOCUSED RENOVATION



- Improved health: residents state that they have better sleep quality, fewer sick days, and less need for medication.
- Indoor air quality, with controlled natural ventilation, is high – CO<sub>2</sub> levels in all the main rooms remain below 1,150 ppm.
- No overheating in summer: indoor temperatures are usually below 26°C in all main rooms.

# LOW DAYLIGHT PROVISION ACROSS EUROPE

- About 6% of all European households report living in a dark home
- And when the household is dark, they are 52% more likely to report poor health when compared to households not living in a dark home.



The proposal for a European Daylight Standard could bring a 'brighter' future and ensure that our homes have better daylight conditions



**@ WORK, LEARNING ...**

# DAYLIGHT AT WORK

Research has identified **benefits of daylight and sunlight** as well as view for **worker health and well-being**

People believe that working under **natural daylight is better for health and well-being**<sup>1</sup> than electric light

Working in environments with **natural elements** are reported to increase level of well-being, productivity and creativity<sup>2</sup>



NRC, COPE

<sup>1</sup> Veitch, J. A., and Gifford, R. (1996) Assessing beliefs about lighting effects on health, performance, mood, and social behavior. *Environment and Behavior*, 28(4), 446-470

<sup>2</sup>Human Spaces. (2015). *The Global Impact of Biophilic Design in the Workplace*.



# WORKPLACE PRODUCTIVITY

## OUTSIDE VIEWS



Mental Function  
& Memory

**10-25%**  
BETTER



Call  
Processing

**6-12%**  
FASTER



Hospital  
Stays

**8.5%**  
SHORTER

## DAYLIGHT



Students achieve

**5-14%**  
HIGHER TEST SCORES

and learn **20-26%**  
FASTER

Workers are **18%**  
MORE PRODUCTIVE



**15-40%**  
INCREASE  
in Retail Sales

## SYSTEMS



Productivity Increases by



**23%**  
from better lighting



**11%**  
from better ventilation



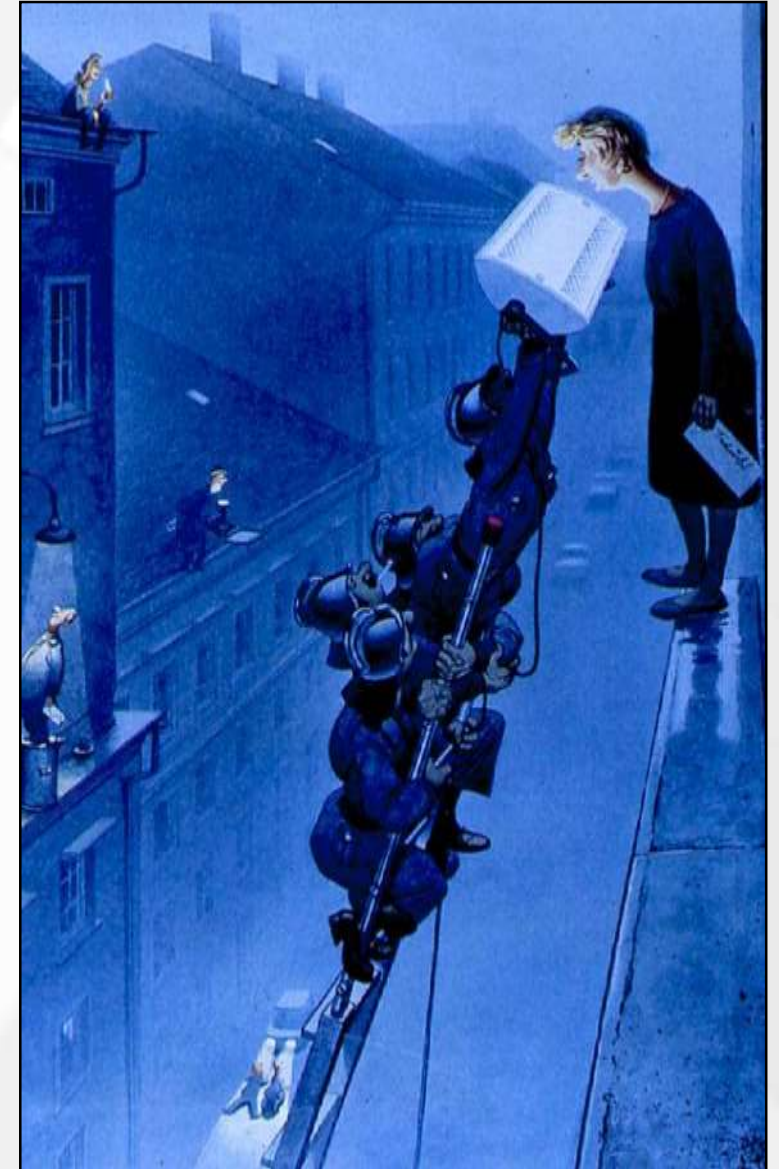
**3%**  
from individual temperature control

## (DAY)LIGHTING AT WORK

People in industrialized countries might not be receiving sufficient daily light exposure to maintain optimal health (CIE, 2004)

Necessary daily light dose is not known and the describing optimal pattern of light exposure is in its early stages.

The implications for daylighting, architecture, and lighting design are unknown.



# Visual and non-visual effects

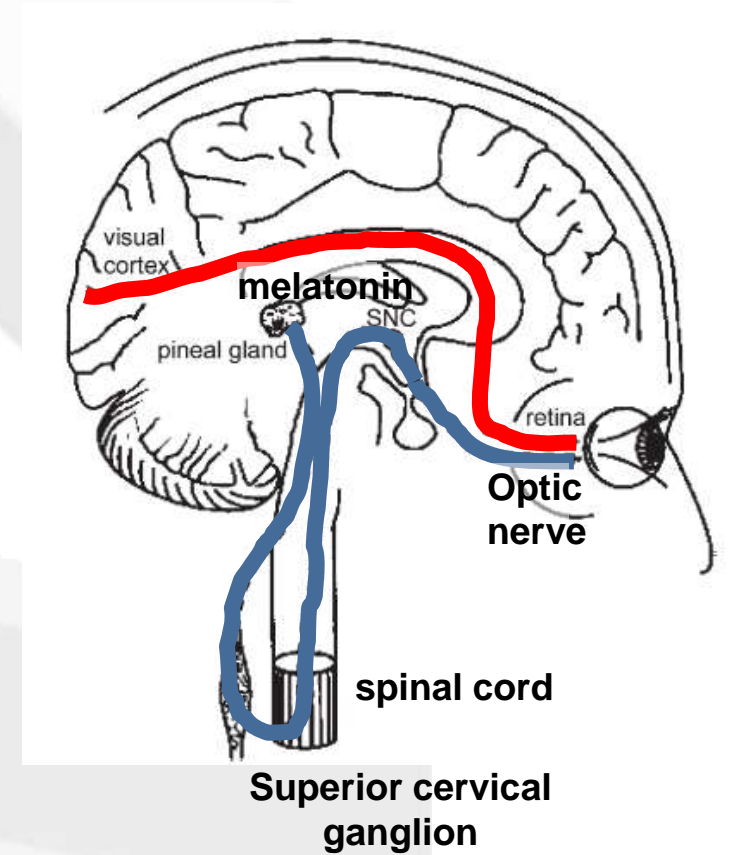
Intensity      Spectrum      Distribution      Timing      Duration

Appearance      Visual System      Visual Performance

## Human performance and health

Alerting effects      Circadian System      Phase shift

Intensity      Spectrum      Distribution      Timing      Duration



≈ 80% of the neural fibers transmit signals to the visual cortex for vision.

≈ 20% of the neural fibers send their signals to other areas of the body and brain.

Light for the visual system is different than light for the circadian system

# VISUAL AND NON-VISUAL EFFECTS

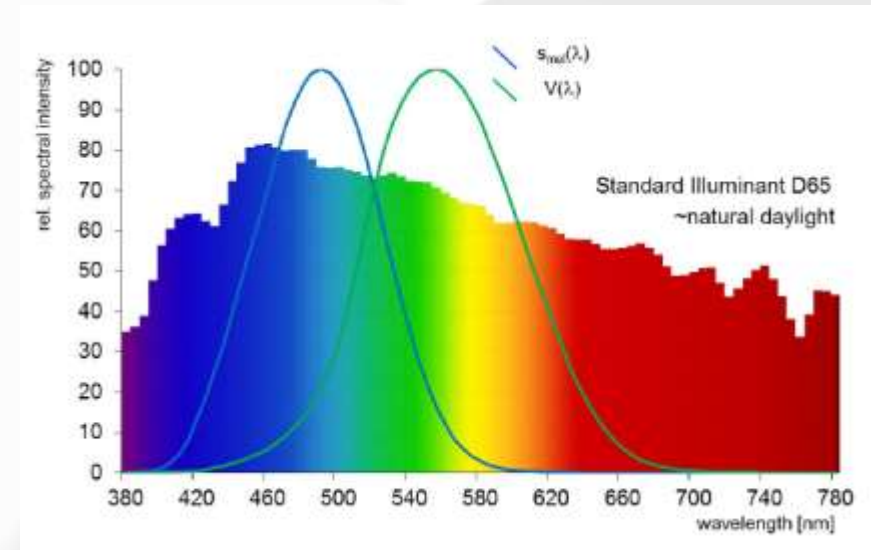
Each factor has a different effect visual and circadian system

**Intensity:** Most people are able to read and work with a daily light level of 500 lux, but one hour's exposure to 500 lux may not be enough to trigger the circadian rhythm.

**Duration:** The visual system reacts to and processes light impulses in a fraction of a second, whilst the biological clock needs minutes or hours.

**Spectrum:** The light for our circadian rhythm is different than the for visual system.

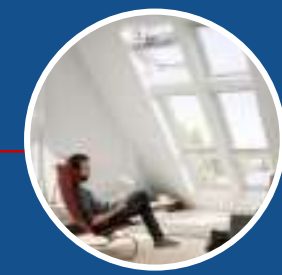
**Timing:** Morning light entrain our biological clock. The visual system reacts identically whatever the time of day.



# CEN Daylight Standard (EN 17037)



Daylight



View



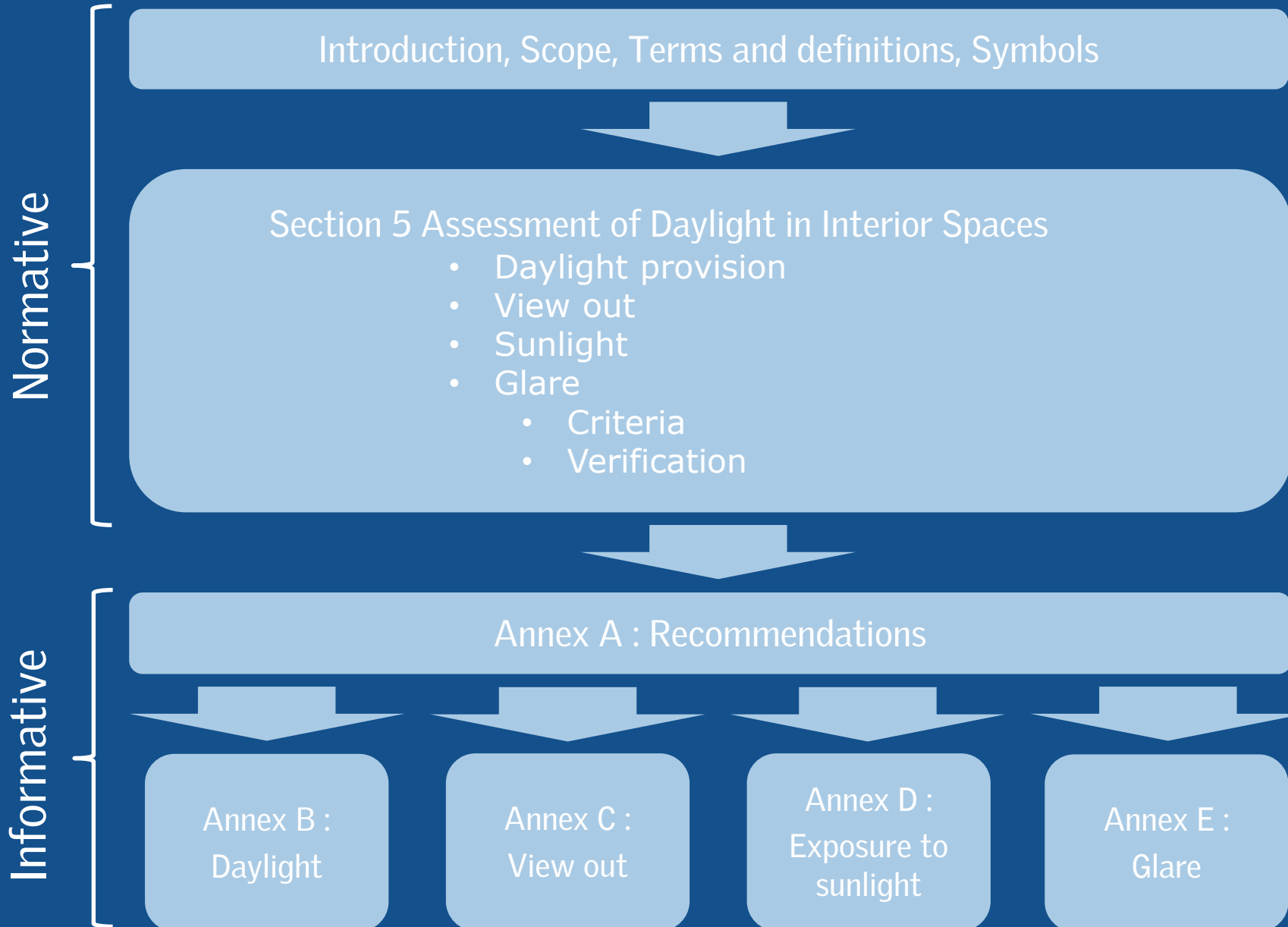
Sunlight



Glare

Applies to all spaces (e.g workplaces and dwellings)

# CEN Daylight Standard (EN 17037)



# CEN Daylight Standard (EN 17037)

- Daylight recommendation for openings in the façade

The target Daylight Factor ( $D_T$ ) is based on internal illuminance of 300 lux and the external diffuse horizontal illuminance at the location of interest.

Daylight design should achieve a target daylight factor ( $D_T$ ) across a fraction of the relevant floor area (i.e. 50% vertical) and the minimum target daylight factor ( $D_{TM}$ ) should be achieved across 95% of the area.

Latvia  
Riga

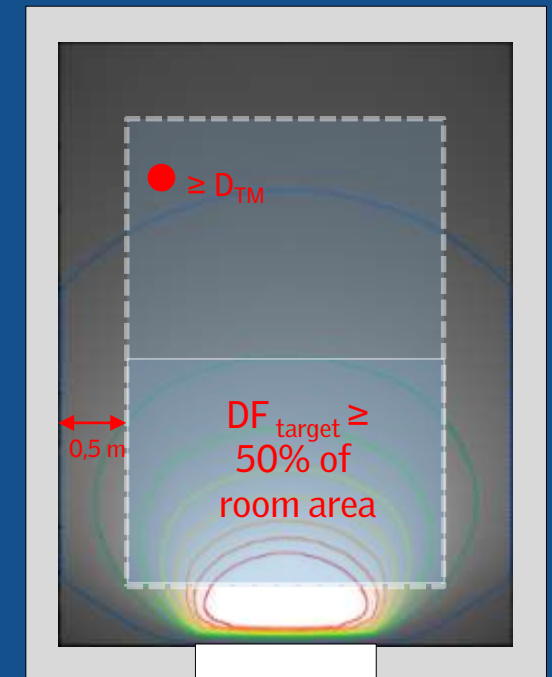


$$D_T = \frac{\text{Internal}}{\text{External}} = \frac{300 \cdot 100}{13.600} = 2,2\%$$

$$D_{TM} = \frac{\text{Internal}}{\text{External}} = \frac{100 \cdot 100}{13.600} = 0,7\%$$

City	Internal lux	External lux	$D_T$ %	$D_{TM}$ %
Riga	300	13.600	2,2%	0,7%
Paris	300	15.900	1,9%	0,6%
Rome	300	19.200	1,6%	0,5%

Vertical façade windows



**Daylight factor (DF)** expresses (%) the amount of daylight available inside a room (on a work plane) compared to the amount of unobstructed daylight available outside under overcast sky conditions.

External (lux)

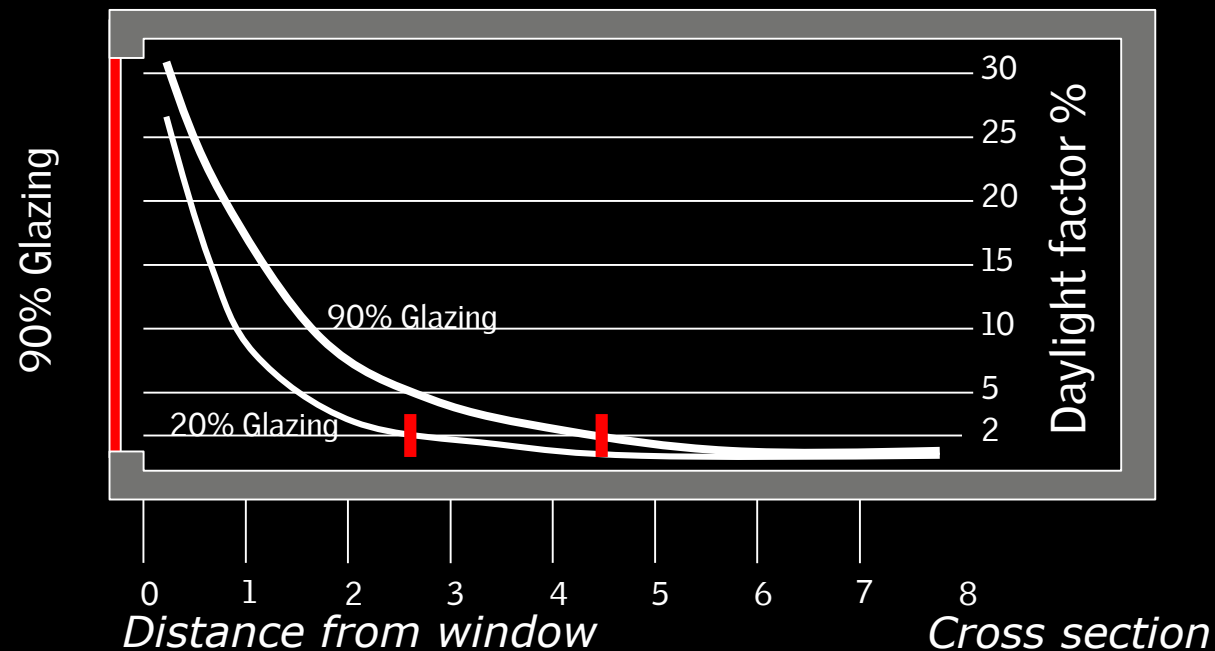


$$DF = \frac{\text{Internal (lux)}}{\text{External (lux)}} \times 100$$

Internal (lux)



Daylight distribution within a room

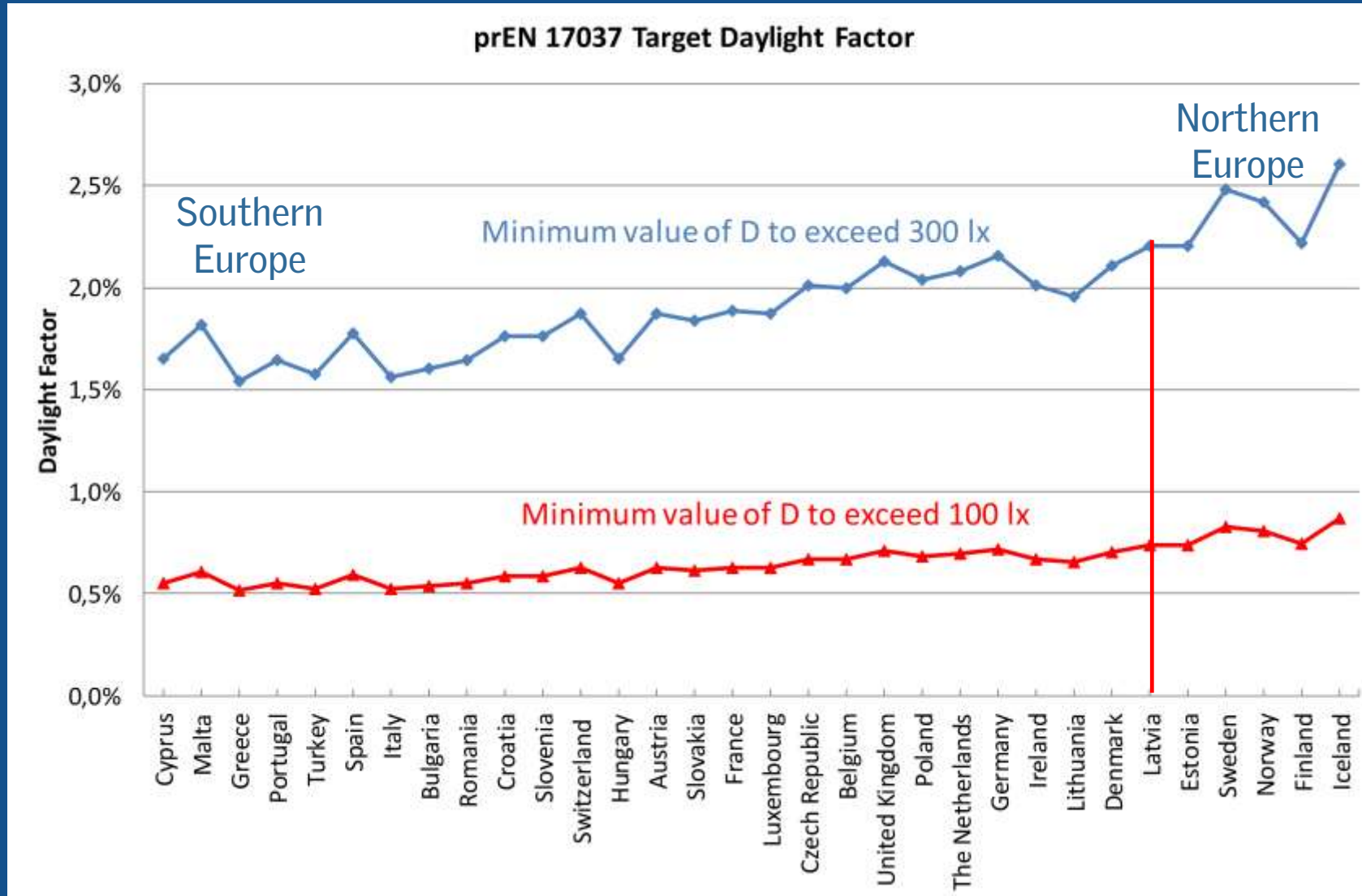




# CEN Daylight Standard (EN 17037)



- Daylight recommendation for openings in the façade and roof



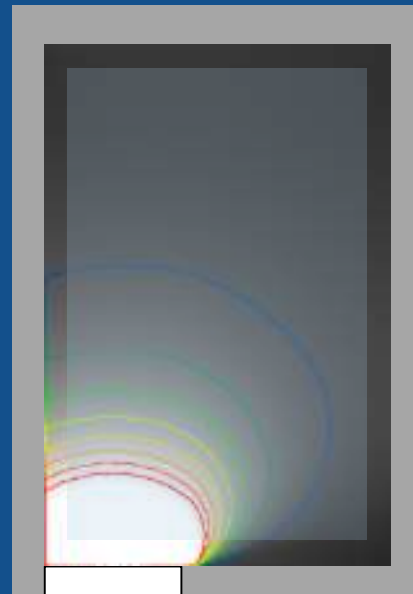
The proposed methodology for daylight provision require only a modest enhancement to existing practice.

# CEN Daylight Standard (EN 17037): $D_T \geq 2.0\%$

- Daylight recommendation for façade windows and roof windows



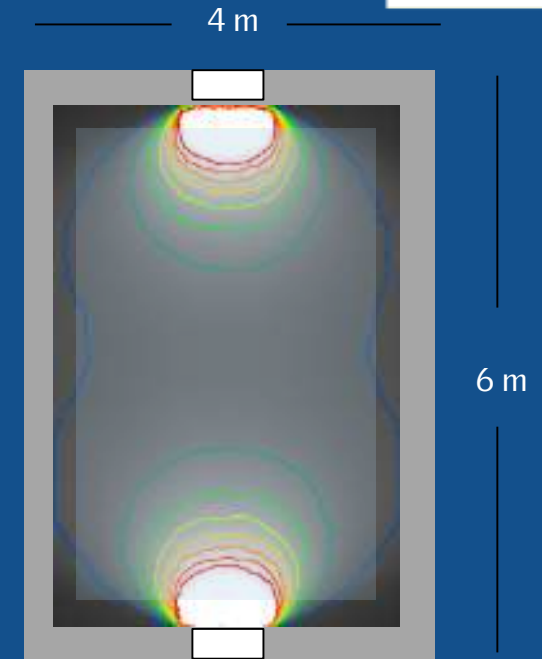
Daylit area  $\geq 41\%$   
Window 1,73x1,73  
W/floor = 1:8



Daylit area  $\geq 23\%$   
Window 1,73x1,73  
W/floor = 1:8



Daylit area  $\geq 21\%$   
Window 1,07x2,8  
W/floor = 1:8



Daylit area  $\geq 38\%$   
Windows(2) 1,0x1,5  
W/floor = 1:8

The examples shows that daylight performance for the same window-to-floor ratio (1:8) can vary significantly, giving a percentage daylit area [ $DF \geq 2.0\%$ ] from 21% to 41%.

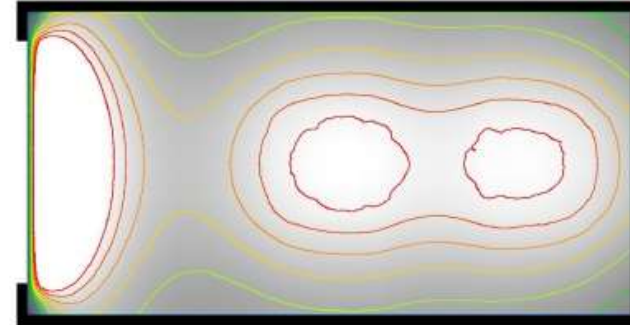
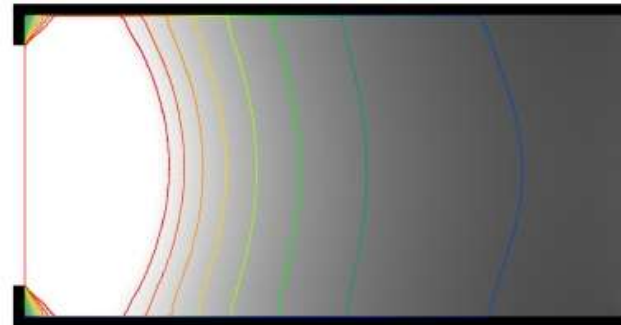
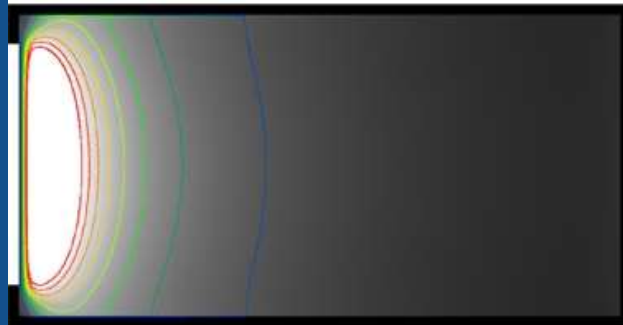
And in this case; the window need to be increased ! (or the location of the space is more southern)

# DEEP ROOMS ARE VULNERABLE TO LIMITED DAYLIGHT PENETRATION

Situation with 10% glazing to floor area ratio (facade window only)

Situation with 30% glazing to floor area ratio (facade window only).

Situation with 20% glazing to floor area ratio (11% facade window + 9% RW).



A DF of 2%, only a few meters from the façade.

Only workplaces close to window can be considered daylit.

A DF of 2% approximately 4.5 meters from the façade.

First two workplaces can be considered daylit

A combination of facade and roof windows provides generous and useful DF levels over the entire work plane; all workplaces daylit

# CEN Daylight Standard (EN 17037)

- View out (table method)



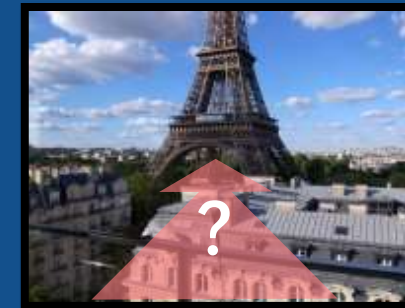
**Table A.5 — Assessment of the view outwards from a given position**

Level of recommendation for view-out	Parameter <sup>a)</sup>		
	Horizontal sight angle	Outside distance of the view	Number of layers to be seen from at least 75% of utilized area: - sky - landscape (urban and/or nature) - ground
Minimum	$\geq 14^\circ$	$\geq 6,0$ m	At least landscape layer is included
Medium	$\geq 28^\circ$	$\geq 20,0$ m	Landscape layer and one additional layer is included in the same view opening
High	$\geq 54^\circ$	$\geq 50,0$ m	all layers are included in the same view opening

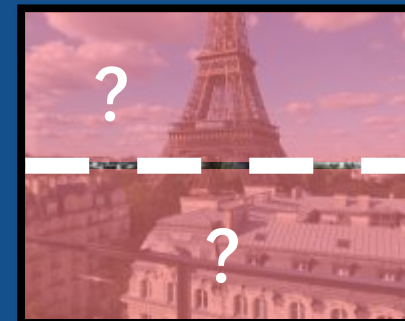
<sup>a)</sup> For a space with room depth more than 4 m, it is recommended that the respective sum of the view opening(s) dimensions is at least 1,0m x 1,25m (width x height).



Horizontal sight angle



Outside distance of view



Amount of layers seen from inside

# CEN Daylight Standard (prEN 17037)

## - Sunlight (Hand calculation, algorithms, DViz)



### **A.4 Recommendation for exposure to sunlight**

The recommendation is that a space should receive possible sunlight for a duration according to Table A.6 (supposed to be cloudless) on a selected date between February 1st and March 21st. Table A.6 proposes three levels for sunlight exposure. See Annex D for further details.

When applying the recommendation to a whole dwelling, the proposal is that at least one room in the dwelling should have at least exposure to sunlight after Table A.6.

**Table A.6 — Recommendation for daily sunlight exposure**

<b>Level of recommendation for exposure of sunlight</b>	<b>Sunlight exposure</b>
Minimum	1,5 hours
Medium	3,0 hours
High	4,0 hours

# CEN Daylight Standard (FprEN 17037)

## - Annual glare evaluations (tables)

### A.5 Recommendation for glare protection

The Daylight Glare Probability (*DGP*) should not exceed a maximum value for more than the fraction  $F_{DGP,exceed} = 5\%$  of the usage time of the space.

In Table A.7,  $DGP_{e<5\%}$  -threshold values for different levels of glare protection are proposed.

The minimum recommendation for glare protection is that the *DGP* for the occupied space does not exceed a value of 0,45 in more than 5% of the occupation time of the relevant space.

**Table A.7 — Proposed different levels of threshold  $DGP_{e<5\%}$  for glare protection**

Level of recommendation for glare protection	$DGP_{e<5\%}$
Minimum	0,45
Medium	0,40
High	0,35

# CEN Daylight Standard (FprEN 17037)

## - Annual glare evaluation (tables)



Table E.2 — The material properties and glare protection classes

Class	Influence on visual comfort				
	0	1	2	3	4
	very little effect	little effect	moderate effect	good effect	very good effect

Table E.3 — Glare control classification given EN 14501 according to the visual transmittance properties  $\tau_{v,n-a}$  and  $\tau_{v,n-diff}$

$\tau_{v,n-diff}^b$	$\tau_{v,n-n}^a$					
	$\tau_{v,n-n} = 0,00$	$0,00 < \tau_{v,n-n} \leq 0,01$	$0,01 < \tau_{v,n-n} \leq 0,02$	$0,02 < \tau_{v,n-n} \leq 0,03$	$0,03 < \tau_{v,n-n} \leq 0,05$	$\tau_{v,n-n} > 0,05$
$\tau_{v,n-diff} \leq 0,03$	4	4	3	3	1	0
$0,03 < \tau_{v,n-diff} \leq 0,06$	4	3	2	2	1	0
$0,06 < \tau_{v,n-diff} \leq 0,10$	4	3	2	1	0	0
$0,10 < \tau_{v,n-diff} \leq 0,15$	3	2	1	1	0	0
$0,15 < \tau_{v,n-diff} \leq 0,20$	2	2	1	1	0	0
$0,20 < \tau_{v,n-diff} \leq 0,25$	1	1	0	0	0	0
$0,25 < \tau_{v,n-diff}$	0	0	0	0	0	0

<sup>a</sup>  $\tau_{v,n-n}$  is the normal/normal light transmittance

<sup>b</sup>  $\tau_{v,n-diff}$  is the normal/diffuse light transmittance

Solar protection device where the curtain is made of textile, film or perforated opaque material

# CEN Daylight Standard (FprEN 17037)

- Minimum recommendation for Annual Glare evaluation



Towards North



Towards South



**Table E.4 — Recommended glare classes according to EN 14501 to fulfil the glare criteria of  $DGP_e < 5\% \leq 0,45$**

	$d_w$	Sunshine Zone L				Sunshine Zone H			
		orientation S, S-E, S-W		orientation E, W, N-E, N-W		orientation S, S-E, S-W		orientation E, W, N-E, N-W	
		$\tau_{\text{glazing}}$		$\tau_{\text{glazing}}$		$\tau_{\text{glazing}}$		$\tau_{\text{glazing}}$	
		$\leq 0,60$	$> 0,60$	$\leq 0,60$	$> 0,60$	$\leq 0,50$	$> 0,50$	$\leq 0,50$	$> 0,50$
		$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$	$VD_p / VD_f$
small opening	1 m	1 / 3	2 / 3	1 / 3	1 / 3	1 / 3	1 / 4	1 / 3	1 / 3
	2 m	1 / 1	1 / 1	1 / 2	1 / 2	1 / 2	1 / 2	1 / 2	1 / 2
	3 m	1 / 1	1 / 1	1 / 1	1 / 1	1 / 1	1 / 1	1 / 1	1 / 1
large opening	1 m	1 / 3	2 / 4	1 / 3	2 / 3	1 / 3	2 / 4	1 / 3	2 / 3
	2 m	1 / 2	1 / 3	1 / 2	1 / 3	1 / 3	1 / 3	1 / 3	1 / 3
	3 m	1 / 1	1 / 1	1 / 1	1 / 2	1 / 2	1 / 2	1 / 2	1 / 2

Solar protection device where the curtain is made of textile, film or perforated opaque material

$VD_p$  is View Direction parallel with facade  
 $VD_f$  is View Direction 45° towards facade

Influence on visual comfort				
0	1	2	3	4
very little effect	little effect	moderate effect	good effect	very good effect





# MAISON AIR ET LUMIÈRE

- ▶ Maison Air et Lumière (2011) revolves around natural light and ventilation.
- ▶ The window-to-floor ratio is 1:3.



# MAISON AIR ET LUMIÈRE



Photographer:  
Adam Mørk

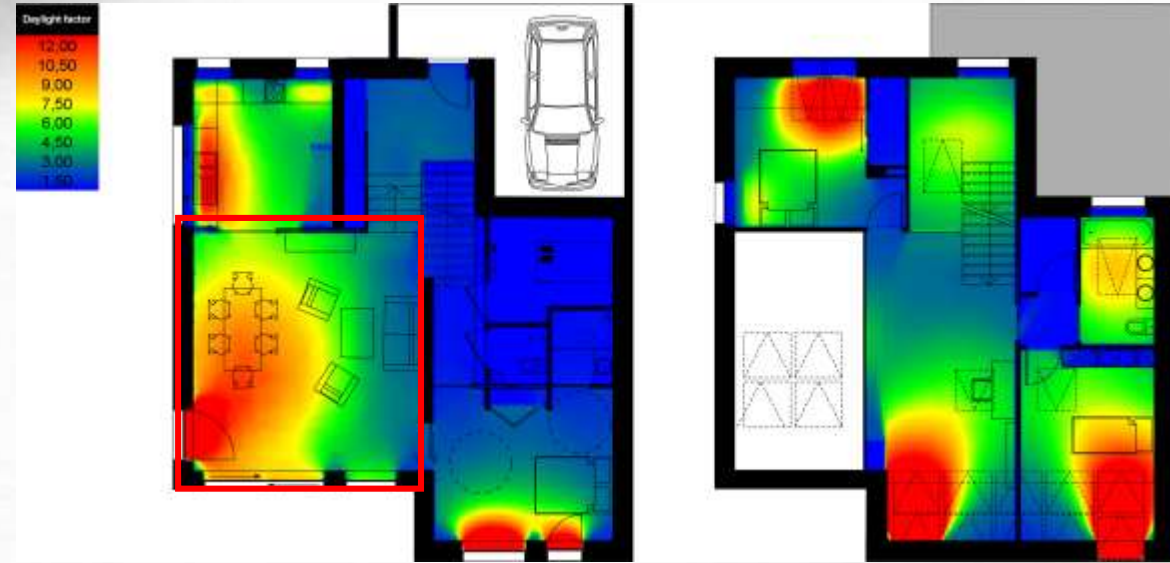
# DAYLIGHT PERFORMANCE: prEN 17037

France  
Paris



$$D_T = \frac{Internal}{External} = \frac{300 \cdot 100}{15.900} = 1,9\%$$

$$D_{TM} = \frac{Internal}{External} = \frac{100 \cdot 100}{15.900} = 0,7\%$$



Maison Air et Lumière Daylight Analysis	Daylight factor results	
	prEN 17037 $D_{300}$ (France, Paris: $D_{300} \geq 1,9\%$ )	prEN 17037 $D_{100}$ (France, Paris: $D_{100} \geq 0,6\%$ )
Kitchen	5.2% $D_{300}$ (pass)	2.9% $D_{100}$ (pass)
Dining/living room	6.3% $D_{300}$ (pass)	1.7% $D_{100}$ (pass)
Study room	3.4% $D_{300}$ (pass)	0.9% $D_{100}$ (pass)
Bedroom 1	2.5% $D_{300}$ (pass)	1.2% $D_{100}$ (pass)
Bedroom 2	4.5% $D_{300}$ (pass)	1.8% $D_{100}$ (pass)
Bedroom 3	6.7% $D_{300}$ (pass)	1.5% $D_{100}$ (pass)

Vertical daylight opening





# Daylight Visualizer – a free professional tool for daylight analysis

**VELUX®**



## 3D modeler

Create simple room or building models in a few minutes

The 3D Modeller permits quick and easy generation of 3D models in which façade and roof windows are freely inserted.

Most of the operations usually required to create a 3D model are automated within the modeller functionalities, such as the insertion of windows which is simply performed by dragging a window icon to a desired location in the model.

Can be used by anyone and does not require pre-existing knowledge of CAD software.

\*Limited to one-storey buildings - and does not support complex shapes such as curved walls etc.

## 3D importer

Import 3D models for complex and large scale projects

The 3D Importer makes it possible to import 3D models generated by most CAD applications to permit the evaluation of a wide range of building designs without limitations to the complexity of geometry or scale of the building.

3D file formats supported:

**.DWG/.DXF (AutoCAD, Revit, more)**

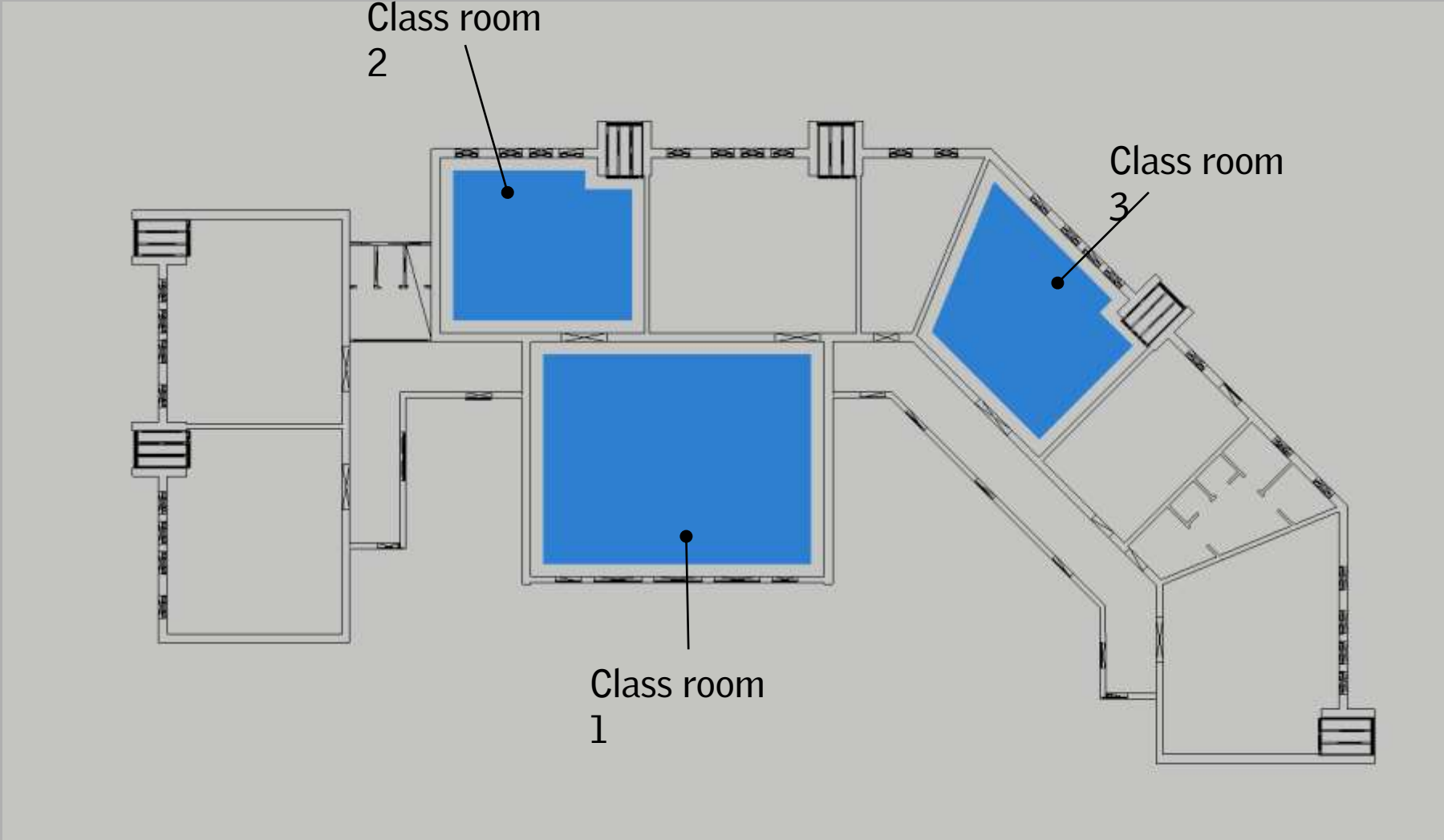
**.SKP (SketchUp)**

**.OBJ (3ds MAX, Rhino, Cinema 4D, more)**

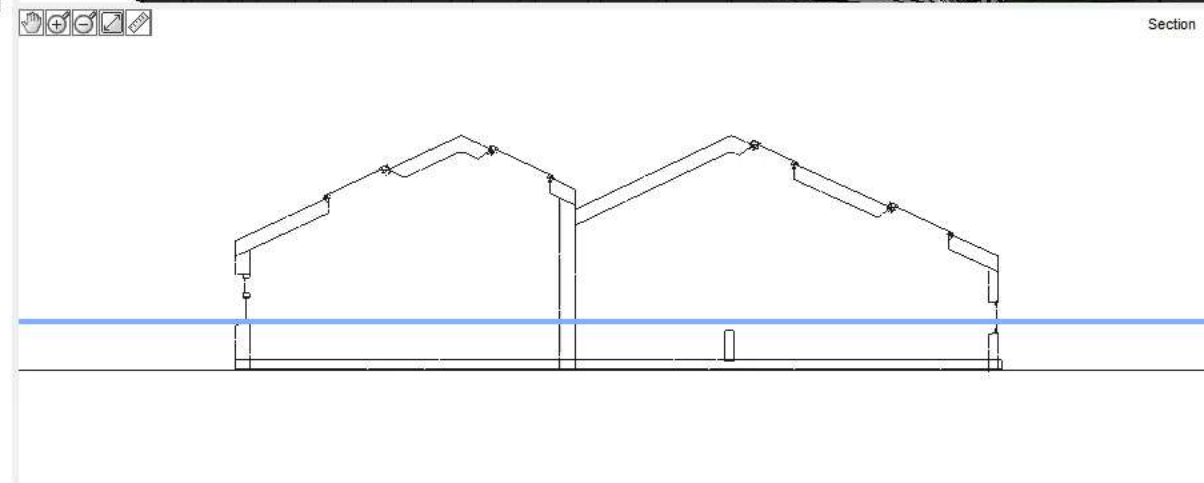
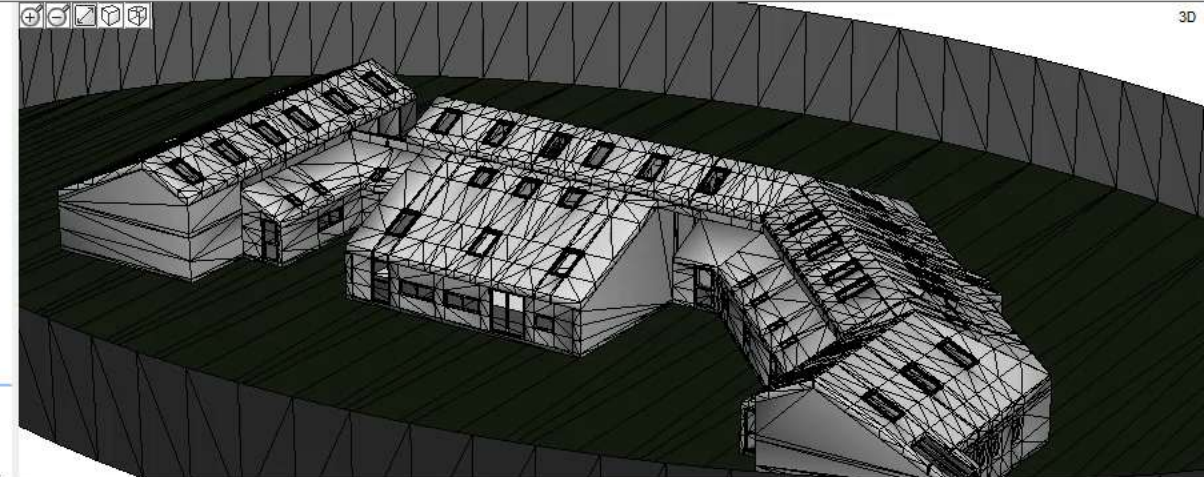
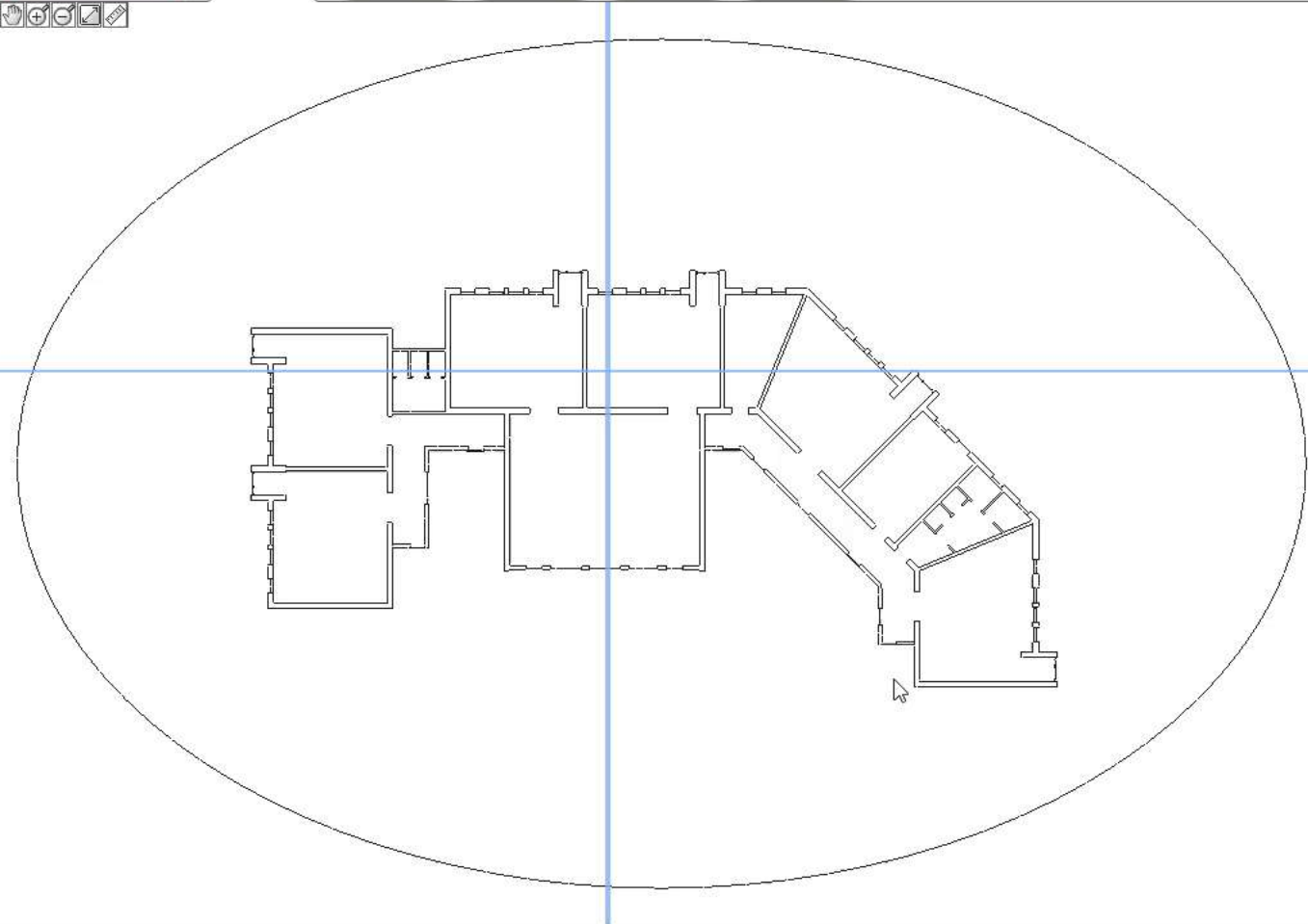
\*Imported models geometry cannot be modified within Daylight Visualizer (f.x. adding new windows).











Dimensions

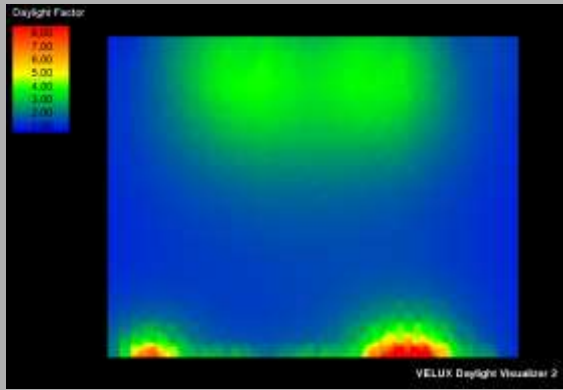
Scale factor:  Units:

Dimensions  
1. Use measuring tool to check dimensions of the model  
2. Scale model to the right size  
3. Choose unit type for measuring tool

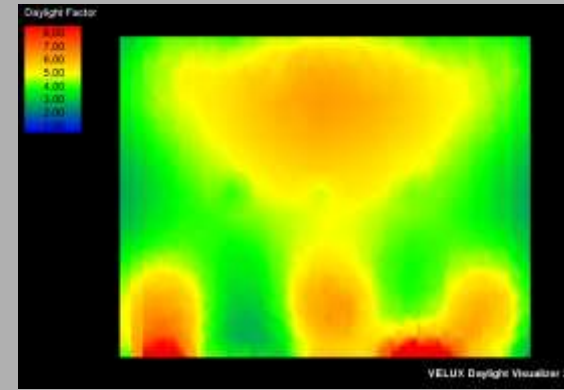
## Before renovation

## After renovation

### Class room 1

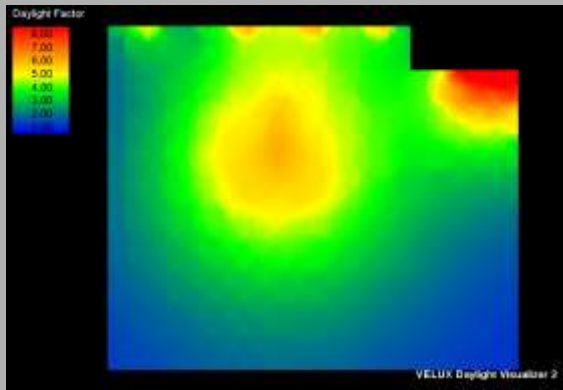


Average daylight factor	Dav	1.50
Median daylight factor	Dm	1.11
Minimum daylight factor	Dmin	0.47
Maximum daylight factor	Dmax	10.54
Uniformity 1	Dmin/Dav	1 : 3.19 (0.31)
Uniformity 2	Dmin/Dmax	1 : 22.38 (0.04)
Above 0.7%		87%

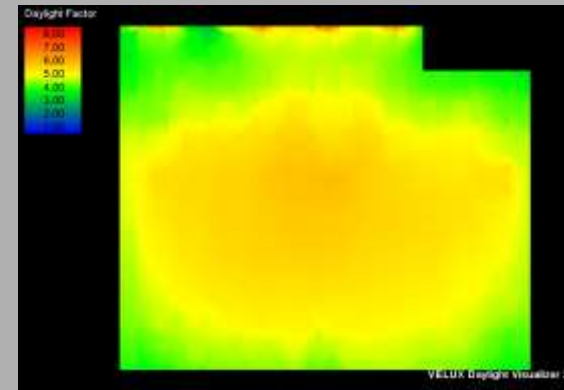


Average daylight factor	Dav	4.20
Median daylight factor	Dm	4.19
Minimum daylight factor	Dmin	1.94
Maximum daylight factor	Dmax	11.66
Uniformity 1	Dmin/Dav	1 : 2.16 (0.46)
Uniformity 2	Dmin/Dmax	1 : 6.00 (0.17)

### Class room 2

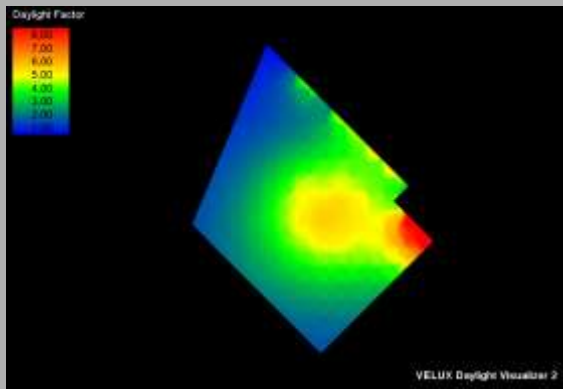


Average daylight factor	Dav	2.77
Median daylight factor	Dm	2.57
Minimum daylight factor	Dmin	0.59
Maximum daylight factor	Dmax	10.27
Uniformity 1	Dmin/Dav	1 : 4.68 (0.21)
Uniformity 2	Dmin/Dmax	1 : 17.34 (0.06)
Above 0.7%		99%

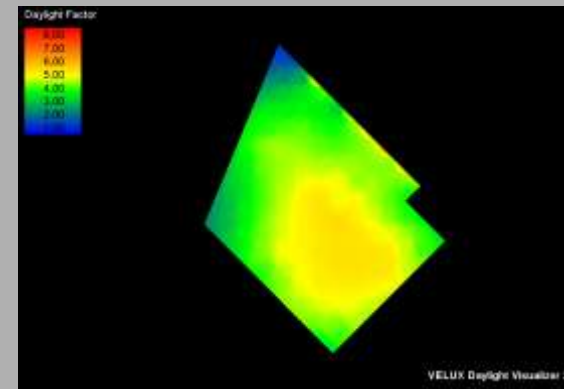


Average daylight factor	Dav	4.41
Median daylight factor	Dm	4.46
Minimum daylight factor	Dmin	2.41
Maximum daylight factor	Dmax	6.92
Uniformity 1	Dmin/Dav	1 : 1.83 (0.55)
Uniformity 2	Dmin/Dmax	1 : 2.88 (0.35)

### Class room 3



Average daylight factor	Dav	2.76
Median daylight factor	Dm	2.49
Minimum daylight factor	Dmin	0.17
Maximum daylight factor	Dmax	10.52
Uniformity 1	Dmin/Dav	1 : 15.85 (0.06)
Uniformity 2	Dmin/Dmax	1 : 60.42 (0.02)
Above 0.7%		97%



Average daylight factor	Dav	3.80
Median daylight factor	Dm	3.91
Minimum daylight factor	Dmin	0.52
Maximum daylight factor	Dmax	5.87
Uniformity 1	Dmin/Dav	1 : 7.28 (0.14)
Uniformity 2	Dmin/Dmax	1 : 11.23 (0.09)
Above 0.7%		99%

# SUMMARY

- ❓ We should strive to help homeowners to see the “bigger picture” when it comes to their homes.
- ❓ Comfort, energy and environment combined will create a home that acts as an interconnected unit.
- ❓ Emphasize on homeowners’ drivers to renovation – energy efficiency, healthier spaces and aesthetics do go hand-in-hand.
- ❓ Active House as an example of best practice.
- ❓ We know that poor daylight and insufficient ventilation in homes affects our health.
- ❓ Overall long-term implications of better daylight and ventilation is high.
- ❓ We can improve peoples health by improving low quality buildings, as well as, designing buildings according to energy targets, health and well-being.

**OTHER PLACES TO FIND  
INFORMATION**

<https://www.velux.com/hbd>



# DAYLIGHT, ENERGY AND INDOOR CLIMATE BOOK



<https://www.velux.com/deic>



## Daylight, Energy and Indoor Climate Book

A good indoor climate with generous daylight levels and provision of fresh air from outside is key to making homes, offices, kindergartens and schools healthy places to live and work in. This book is written to allow anyone working with building research and design to find facts and insights on the effects of windows in buildings and their occupants. It is meant to be equally relevant for architects, engineers, students and researchers.

### Daylight

- › Daylight
- › Daylighting
- › Daylighting quality
- › Benefits of daylight
- › Parameters influencing daylighting performance
- › Daylight with roof windows, flat-roof windows and modular skylights
- › Daylight calculations and measurements
- › Daylight simulation tools
- › Daylight requirements in building codes

### Acoustics

- › Noise or sound
- › Good acoustic environments
- › Indoor noise
- › Outdoor noise
- › Evaluation and measurements
- › Acoustics requirements in building codes

### Ventilation

- › Indoor air quality
- › Health effects of indoor air quality
- › Productivity and learning
- › Ventilation and ventilation systems
- › Natural ventilation with roof windows
- › Building types and climate
- › Tools and evaluation methods
- › Building codes and standards

### Energy

- › Energy
- › Energy sources
- › Energy terminology
- › Energy use in buildings
- › Window systems
- › Energy performance of different building types
- › Index

### Thermal comfort

- › How to achieve thermal comfort
- › Health impacts of the thermal environment
- › Productivity and learning
- › Thermal comfort with roof windows and solar shading
- › Building types and climate
- › Evaluation methods

### Environment

- › Life Cycle Assessments
- › The European methodology for assessing sustainability of buildings
- › Assessments of buildings
- › Assessment of construction Products
- › Overview of EU legislation
- › Index

# VELUX Daylight Symposium

- The VELUX Daylight Symposium bring together participants from research and practice, fields who rarely meet at conferences. The symposium host daylight research, daylight practice and policymaking.
- You can find all the presentations, including video, from the previous events at: <http://thedaylightsite.com>

# DAYLIGHT AS A DRIVER OF CHANGE

A man in a dark suit, white shirt, and blue tie is speaking at a podium. He is holding a white paper and has a microphone clipped to his lapel. The background is a large screen displaying the text 'DAYLIGHT AS A DRIVER OF CHANGE' in large, white, sans-serif font. To the right of the screen, a city skyline is visible through a window.

Official opening by  
Michael K. Rasmussen

# HOW TOMORROW'S BUILDINGS CAN BE BUILT USING TODAY'S TECHNOLOGY



<https://www.velux.com/innovation/demo-buildings>



Demo buildings



Future buildings  
Green Lighthouse  
Denmark



Future buildings  
Langebjergh school: a brighter future  
Denmark



Endrup School,  
Denmark

Rebuilding two preschool classrooms at the Endrup School offered an opportunity to create healthy indoor environments for children and implement new, energy-efficient technologies.

[Go to case >](#)



Green Lighthouse,  
Denmark

In Denmark's capital, the VELUX Group joined forces with engineering, architectural and environmental experts to conduct an innovative experiment in optimizing renewable energy.

[Go to case >](#)



Langebjergh School,  
Denmark

The Langebjerg School renovation needed to solve the immediate problems of the roof and, most importantly, to prepare the school for future demands on education.

[Go to case >](#)



Maison Air et  
Lumiere, France

Using a design principle that integrates architectural quality and energy efficiency, the VELUX Group set out to develop a home with a positive energy balance, a neutral environmental impact and the capacity to enhance well-being.

[Go to case >](#)



OSRAM Culture  
Centre, Denmark

Using a design principle that integrates architectural quality and energy efficiency, the VELUX Group set out to develop a home with a positive energy balance, a neutral environmental impact and the capacity to enhance well-being.

[Go to case >](#)



First Active  
House, Russia

Working just outside of Moscow, the VELUX Group sought to showcase how available energy solutions allow us to respond to the challenges of protecting the environment and using renewable energy while creating attractive interiors ideal for modern life.

[Go to case >](#)



Sunlighthouse  
Pressbaum,  
Austria

Nine up-and-coming Austrian architects pitched their ideas for carbon-neutral home designs that kept energy consumption to a minimum without sacrificing the residents' comfort or standard of living.

[Go to case >](#)



Smith Residence,  
USA

Guided by the culture and well-established architectural standards of the Old Webster district in St. Louis, Missouri, the design team set out to develop the first Active House in the USA.

[Go to case >](#)



A GOOD INDOOR  
ENVIRONMENT  
FEELS LIKE  
BEING OUTSIDE  
ON A MILD  
SUMMER'S DAY  
A GUIDE TO DESIGNING HEALTHY HOMES



# BUILDING BETTER SCHOOLS

SIX WAYS TO HELP OUR CHILDREN LEARN

<https://vms.velux.com/building-better-schools>

**VELUX®**

Modular Skylights

An aerial photograph of a city with many trees showing autumn foliage in shades of yellow and orange. The city buildings and streets are visible below the trees. A red rectangular box is centered over the image, containing the word "VELUX" in white, bold, sans-serif capital letters, followed by a registered trademark symbol (®).

**VELUX®**

*Bringing light to life™*

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VELUX Group

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